

MUCHACHO

ALLERGY INFORMATION

Guide:																		
X= contains allergen																		
OX= may be altered to remove allergen																		
CC= significant cross contamination risk (NOTE: due to the size of our kitchen, there is always be a certain risk of cross contamination for certain allergens)																		
* = contains legumes (pea protein)																		

SALSAS	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Roja					X							X						
Verde					X							X						
Jalapeno	X				X							X						
Habanero					X							X						
Macha					X				X			X	X					
BREAKFAST	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Corn Tortilla	CC																	
Flour Tortilla	X		X															
Johnny Utah	X	X	X		X	X						X			X	X		
Travis Birkenstock	X		X							x			x					
Reggie Rocket	X	X	X		X	X						X		X	X			
BEC Taco	OX/CC	OX	OX												OX	OX		
Migas Taco	OX/CC	OX	OX		X	X						X			OX			
Muchacho Style Taco	OX/CC	OX	OX			X						X			OX	OX		
Reggae Taco	OX/CC		OX		X	X						X			OX			
Green Chilaquiles Taco	OX/CC	X	OX		X							X			X			X
Avocado Toast	CC	OX	X									OX	X					
Smoked Salmon Toast		X	X														x	
Jam Toast	CC	X	X															
Breakfast Skillet		X					X							X	x			
APPS	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Tortilla Chips					X		X					X			X			
Queso		X										X						
Guacamole					X							X		X				
Shellfish "coctel"				X			X					OX					X	
Crispy Ahi Tostada								X				X					x	
Esquites		X					X					X			X			
LUNCH TACOS	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Al Pastor	OX/CC				X	X						X		X		X		
Baja Fish	OX/CC		OX								X							
Barbacoa	OX/CC				X	X						X						
Carne Asada	OX/CC				X													
Chicken Mole	OX/CC	OX			X	X			X			X	OX					X
Grilled Shrimp	OX/CC	X		X	X							X						
Pork Belly	X				X	X						X			X	X		
Rajas	X				X							X		X				
BURRITOS	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Carne Asada		X	X				X											
Chicken		X	X				X											
Shrimp		X	X				X											
Cobia		X	X				X										x	
Tofu	x	X	X				X			x			x					
ENTREES	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Chicken Torta Sando	X	X	X		X	X						X			X			X
Pork Belly Sando	CC	OX	X		X	X						X				X		
Kale Caesar		OX				OX							OX		OX			
Taco Salad		OX	OX		X	OX						X		X		OX		
Tuna Poke	X					X					X		OX					
SIDES	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Fruit Salad						X						X		X				
Mexican Rice					X							X						
Muchacho Fries												X						

		X					X											
Charro Beans																		
TOPPINGS	SOY	DAIRY	GLUTEN	SHELLFISH	GARLIC	VINEGAR	ALLIUM	SESAME	PEANUTS	TREE NUTS	FISH	CHILI	SEEDS	CITRUS	EGGS	PORK	SEAFOOD	CHICKEN
Corn Elapazole					X							X						
Chili Slather (corn)	X	X										X			X			
Chipotle Mayo												X			X			
Spicy Mayo	X											X			X			
Fish Crema		X												X				
Jalapeno Crema		X			X							X		X				
Soy Glaze	X				X									X				
Lime Vinaigrette					X									X				
Pineapple Vinaigrette					X							X		X				
Watermelon Vinaigrette					X							X		X				
Caesar Dressing		X			X							X		X	X			
Cabbage Slaw					X									X				
Pico de Gallo						X								X				
Shredded Chihuahua Cheese		X																
Cream Cheese Spread		X																
Pickled Red Onion						X												
Muchacho Spice												X						
Charro Beans					X	X										X		
Black Beans					X													
Habanero Escabeche						X						X						
Zhoug		X			X	X						X						